

SouthBound Bride

Bridesmaid's Emergency Kit Checklist

- Small sewing kit
- Nail polish (clear & bride's colour)
- Safety pins
- Hair bands & pins
- Spare earring backs
- Plasters/band-aids
- Mini medical kit (headache, diarrhoea & antihistamines)
- Hairspray
- Drinking straws
- Toothbrush and toothpaste
- Baby powder
- Chewing gum
- Comb
- White blackboard chalk
- Masking tape
- Tissues
- Nail file
- Cellphone charger
- Deodorant
- Eye drops/contact lens solution
- Tampons
- Bottled water & energy bars
- Slip slops
- Hairdryer

Worksheet based on the following SBB feature: <http://www.southboundbride.com/bridesmaids-emergency-kit/>